

STEPPING INTO CLINICAL SUPERVISION

Understanding the Journey
from Counsellor to Supervisor

Advanced Certificate in Clinical Supervision
Including Online and Telephone Working



Today's Focus

Three Questions We'll Answer Today:

1. Why **does supervision training matter** now?
2. What makes this training actually prepare you (not just teach you theory)?
3. Is this the right time for you?

Whether you're ready now or planning for the future, this session will help you understand the pathway.

No pressure. No heavy sales. Just information for your professional consideration.



The Supervision Gap

The Current Reality

- **Thousands** of counsellors now **work online**
- **Limited supervisors** are trained to support them
- BACP requires: "An understanding of how to **source a supervisor with knowledge and experience of OPT**" (Online and Phone Therapy Framework, 2021)

"Supervisors have a vital role in upholding ethical practice and professional standards."

This is about service to future supervisees.



Our Track Record

Over 1,500 Practitioners Trained

Since launching this training, **over 1,500 qualified counsellors and psychotherapists** have completed this supervision training.



Rated 4.9/5 stars on Trustpilot

Built to BACP's current Supervision Training Curriculum

Mapped to the NCPS Good Practice Guide for Supervision

Taught at: Equivalent of level 6*

You're joining a trusted, established programme



*Level 6 Equivalence

Level of the Qualification (*Page 11-12 of the handbook*)

“The Advanced Certificate in Clinical Supervision course is taught, observed and assessed at the equivalent of level 6 (*Level 10 Scotland*) and is designed to meet the Level 6 (*10*) criteria, as outlined by

The Framework for Higher Education Qualifications of UK Degree-Awarding Bodies in England, Wales, and Northern Ireland (FHEQ)

The Framework for Qualifications of Higher Education Institutions in Scotland (FQHEIS)”



**COUNSELLING
TUTOR**

Three Distinctive Elements

What Truly Sets This Training Apart

- 1. You actually practice supervision**
(Not just learn about it)
- 2. Online/telephone specialism**
(Some trainings ignore this entirely)
- 3. Taught by qualified educators**
(Not just experienced supervisors)



The Experiential Difference

Traditional Training → This Training

- | | | |
|---------------------------------|---|--|
| ■ Learn theory | → | Practice with peers and receive feedback |
| ■ Watch recorded demonstrations | → | Watch demonstrations live |
| ■ Read about supervision | → | Supervise (observed) |
| ■ Hope you'll be confident | → | Know you're ready |

"Every session has brought lightbulb moments. There is **a real feeling of growth and learning.**

Academically, I feel it really does fit in with our previous counselling training, delivered in a robust manner, but still down to earth and accessible."

– *Darren, County Durham*

"I don't just know the theory—I've actually supervised under observation"



Flipped Classroom Model

How Learning Actually Happens

BEFORE live sessions (your own time):

- Video lectures, transcripts, audio
- Read, reflect, prepare

DURING live sessions (6 full days):

- Theory demonstrations by tutors
- YOU supervise in triads
- Tutors observe and give feedback
- Skills consolidation in real-time

"I love the **demonstration of the theory in the live online lessons**, and having the **buddy sessions** outside of the live lessons has been such a **beneficial space to discuss and explore the learning further.**"

– Osa, Staffordshire



The Online Specialism

Why This Matters

Your future supervisees will ask:

- "Can you supervise my online work?"
- "Do you understand telephone counselling?"
- "What about asynchronous therapy?"

Most supervision training = face-to-face only

This training = face-to-face + online + telephone

- ✓ Meets BACP OPT Framework requirements
- ✓ You can choose to offer supervision online only, face-to-face only, or both
- ✓ Reflects how counsellors actually work now
- ✓ Prepares you for modern practice

"I am learning so much. It is helping not only my own personal counselling, but also it will be **so helpful with supervisees in the organisation I work in.**"

– Lucinda, Tewkesbury



The Educator Difference

Why Our Tutors Are Different

Most supervision training: Experienced supervisors who enjoy teaching

Our requirement:

- ✓ Qualified counsellor
- ✓ Experienced clinical supervisor
- ✓ Formally qualified educator (PGCE/teaching qualification)

Why this matters:

- They know how to structure learning progressively
- They understand different learning styles
- They know how to give developmental feedback
- They can teach, not just demonstrate

"The tutors and course attendees were extremely knowledgeable and supportive.

I found the course materials easy to access and digest, and the live sessions complemented these, furthering my understanding and confidence in practice."

– Sarah P



Neurodiversity-Inclusive

Designed for Diverse Learning Needs

Every module in multiple formats:

- ✓ Video lectures
- ✓ Written transcripts
- ✓ Audio files
- ✓ Downloadable slide packs

"Being dyslexic, it is very important to have access to training materials for digestion in my own time to cement my learning at my own speed as I quite often miss things the first-time round.

The way the course material allows for re-examination gives me the confidence that vital information will not be missed and gone forever."

– Natasha, Kent

"The course is jargon-free and put into a realistic and digestible context."

– Paul, Thirsk, North Yorkshire



The Damaging Admission

Let's Be Completely Honest

"This course is demanding. It requires commitment and regular self-directed study. Some participants find it challenging or even overwhelming at times."

BUT

"...they say this is exactly why they emerge confident, competent, and ready to supervise."

If it's worth doing, it's worth doing properly.



Time and Financial Reality

What This Actually Requires

TIME:

- **8-9 hours per week** self-directed study (3 months)
- **6 full days live** sessions (10am-4pm, every 2 weeks)
- 90 days post-course for **assignments**
- 12 months for **20 placement hours**

INVESTMENT:

£199.84/month × 7 months

£1,399 full payment upfront

➡ **30-day money-back guarantee**

"Very comprehensive and plenty time given to get the work done.
I work full time and it is still manageable."

– Mary, Kent



Common Concerns Addressed

1. "I don't have time"

- Flexible self-study, live sessions fortnightly
- Working counsellors complete this successfully

2. "It's too academic for me"

- Jargon-free, multiple formats, educator-led, support available

3. "I'm not good with technology"

- Tech support every session, step-by-step guidance



Common Concerns Addressed

4. "What if can't find supervisees?"

→ See next slide

5. "What if it's not right for me?"

→ 30-day full refund, no questions asked



Finding Your Supervisees

A Common Question: "Where Will I Find Supervisees?"

Our advice:

- ✓ **Plan ahead**

Start thinking about this now

- ✓ **Counselling Tutor Supervision Directory**

Established directory where counsellors search for supervisors
You'll be listed here as a trainee and upon qualification

- ✓ **Resources and Strategies explored in Live Session 5**

How to approach your professional network
Where to advertise your supervision services



Finding Your Supervisees

A Common Question: "Where Will I Find Supervisees?"

✓ Time to Build Your Practice

12 months to complete your 20 placement hours on completion of the course
Start gradually, build confidence

You won't be doing this alone.



Readiness Self-Assessment

Is This Your Time?

- ✓ **Hold a diploma level or above** in counselling/psychotherapy
- ✓ **2+ years post-qualification** practice OR 450+ client hours
- ✓ **Can commit 8-9 hours weekly** for 3 months
- ✓ **Ready for the professional responsibility** of supporting other practitioners
- ✓ **Want to diversify practice sustainably**
- ✓ **Feel called to uphold ethical practice standards**

The question isn't only "Is this a good course?"

The question is "Am I ready to step into this role?"



The Journey

What Actually Happens

Week 1, 2 and 3: Seven-Eyed Model introduced with Modes 1, 2, 3, 4, 5 and 6 demonstrated, you practice and receive feedback

Week 4: Mode 7 and extended practice

Week 5: Gatekeeping, risk, trauma, note keeping and further practice
Ready to **start practice supervision hours**

Week 6: Assignment briefings, IDM in practice
Prepared to work independently

Lives cover a range of practical aspects of supervisory work and professional discussions

After completion: Qualified to provide supervision as a professional supervisor

You don't just learn supervision—you become a supervisor.



Participant Feedback:

"This training is so robust, it makes me wonder about past supervisors and how professionally they worked. **This training covers absolutely everything and the support network is second to none.**"

– Sharon, Worcestershire

"**The support from the team is outstanding.** I particularly value the fact that part of the training can be done in my own time, but that the live sessions provide a real-time classroom experience too. I find it helpful to revisit some of the videos, which can be done as often as I need to."

– Claire, Berkshire

"**Academically, this course is beyond any level I have experienced before.** It is invaluable, comprehensive, and full of detail."

– Rebecca, Essex



Your Professional Qualification

What You'll Be Able to Claim

Advanced Certificate in Clinical Supervision
Including Online and Telephone Working

- ✓ 180 CPD hours
- ✓ NCPS Quality Checked status
- ✓ Mapped to BACP Supervision Competence Framework
- ✓ Mapped to NCPS Good Practice Guide
- ✓ Qualified to supervise: face-to-face, online, telephone (your choice)
- ✓ Lifetime access to materials (including future updates)

You'll know you're good enough—backed by:

- A respected qualification
- Educator-trained tutors
- Practical experience that proves it



Availability Reality

What You Need to Know

Monthly intakes (was previously quarterly—you asked, we listened!)

Schedule options:

- Tuesday cohorts (10am-4pm)
- Saturday cohorts (10am-4pm)

Cohort size: 35 students maximum

Reality: Typically sells out within 48 hours

Over 1,500 practitioners have trusted this training

This isn't pressure—it's transparency about limited places to maintain quality learning



Your Next Steps

Two Paths from Here

PATH 1: "I'm Ready"

1. You are on the waiting list (no commitment)
2. Download the course handbook
3. Secure your place when you've decided (**August & September cohorts are currently open**)

PATH 2: "I Need More Information"

1. Download the course handbook
2. Email questions to our team
3. Discuss with your current supervisor
4. Join when you're genuinely ready

We only want you to enrol when you're ready to step into this professional responsibility.

<https://counsellingtutor.com/counselling-supervision-training-online/>



Three Questions for Reflection

Before You Decide

1. **Do I have sufficient depth of counselling experience** to support other practitioners?
2. **Can I commit 8-9 hours weekly** for 3 months, plus 6 full days of live sessions?
3. **Am I ready to take responsibility for other practitioners'** professional development?

If yes to all three: This may be your time.

If you hesitated: That's valuable information—wait until you're ready.



Questions and Thank You

Please type in the chat:

- Course content queries
- Logistics and support
- Post-qualification questions
- Personal readiness

 Email: support@counsellingtutor.com

 Handbook: <https://counselling-tutor.s3.eu-west-2.amazonaws.com/Supervision+Course/Supervision+Course+Handbook.pdf>



**COUNSELLING
TUTOR**