



# PREPARING FOR A NEW LEVEL: ESSENTIAL CHECKLIST

- Make sure you have the reading list that accompanies the course or the new level.
- Buy any books or join any [resource sites](#) in advance.
- Join [social media groups](#) that support your area of study.
- Enquire with people who have taken the class what the demands of the course are. Plan accordingly.
- Plan your diary. Make sure you have factored in childcare, work rotas and time for any extracurricular activities such as residential weekends.
- If you believe you may have learning difficulties such as Dyslexia, inform your training provider in advance so that they can make reasonable adjustments.
- Buy stationery in advance. Pens, notepads, highlighters are useful when taking notes.
- Check if your learning institution offers any free software such as Microsoft Word or speech-to-writing software such as Dragon.
- Prepare your loved ones for the inevitable time that you may not be very 'present'. Writing assignments, attending college or being out on placements can eat into family time and can be a cause of conflict.