

Here are some useful websites – these are mostly non-academic sources. This is not intended to be a comprehensive list – just some useful jumping-off points. I recommend you seek out real voices and lived experiences: there are some wonderfully created podcasts, blogs, videos and comics out there.

LGBTQ+

<https://www.stonewall.org.uk/>

GSRD

Pink Therapy <https://www.pinktherapy.com/en-gb/knowledge.aspx> (They have a very comprehensive suggested reading list, and an excellent YouTube channel <https://www.youtube.com/channel/UCqoYMIOL4KO-kbrQ4RhE4Cg>, as well as offering great training)

BACP guide on Good Practice across the Counselling Professions: <https://www.bacp.co.uk/media/5877/bacp-gender-sexual-relationship-diversity-gpacp001-april19.pdf>

Meg-John and Justin <https://megjohnandjustin.com/> (Wonderful podcasts and blogs to access for free, and some very reasonably priced accessibly written resources)

Things not to Say (BBC): <https://www.bbc.co.uk/bbcthree/category/things-not-to-say> (Humorous but informative video shorts about various identities and experiences)

Trans & Nonbinary

Trans Student Educational Resources (US Based): <https://transstudent.org/>

Gender Identity Research & Education Society: <https://www.gires.org.uk/>

Gendered Intelligence: <http://genderedintelligence.co.uk/> (offer training for therapists, and also have an extensive list of resources)

Nonbinary Wiki: <https://nonbinary.wiki/wiki/Nonbinary>

The Gender Kit <https://genderkit.org.uk/>

Some Trans terminology: <https://transgenderni.org.uk/glossary/>

Pronouns

My Pronouns <https://www.mypronouns.org/>

Robot Hugs <https://www.robot-hugs.com/comic/pronoun-etiquette/> (A great cartoon about pronoun use)

Why Pronouns Matter (a great article by a therapist about pronouns – sorry you have to be a BACP member to get this one):

<https://www.bacp.co.uk/bacp-journals/therapy-today/2021/march-2021/articles/why-pronouns-matter/>

Intersex

Intersex in the UK <http://oiiuk.org/>

Asexuality

Asexual Visibility and Education Network <https://asexuality.org/>

Ace & Aro definitions: <http://www.oulgbtq.org/acearo-spectrum-definitions.html>

Bisexuality

The Bisexual Index: <http://bisexualindex.org.uk/index.php/Links>

The Bisexuality Report:

http://www.open.ac.uk/ccig/sites/www.open.ac.uk.ccig/files/The%20BisexualityReport%20Feb.2012_o.pdf

Aromantic experience

Aromantic Wiki www.aromantic.wikia.com

Queerplatonic and Aromantic Advice (blog) www.qpadvice.tumblr.com

Kink and BDSM

Rewriting the Rules – BDSM 101: <https://www.rewriting-the-rules.com/2015/02/10/bdsm-101-or-what-to-do-and-what-not-to-do-from-fifty-shades-of-grey/>

Relationship Diversity

Make Your Own Relationship User Guide:

<https://megjohnandjustin.com/product/make-your-own-relationship-user-guide-3/>

Kimchi Cuddles <https://kimchicuddles.com/> (A series of comics about polyamory)

Relationship Anarchy <http://www.relationship-anarchy.com/>

Sex Worker Advocacy and Resistance Movement

<https://www.swarmcollective.org/>

Queer

Tyler Ford Explains The History Behind the Word "Queer" (short video)

https://youtu.be/UpEou9Dx_24

Ashley Jiang Introduces Us To the Term “Intersectionality” (short video)

<https://youtu.be/EXJ4Dbdm1ks>