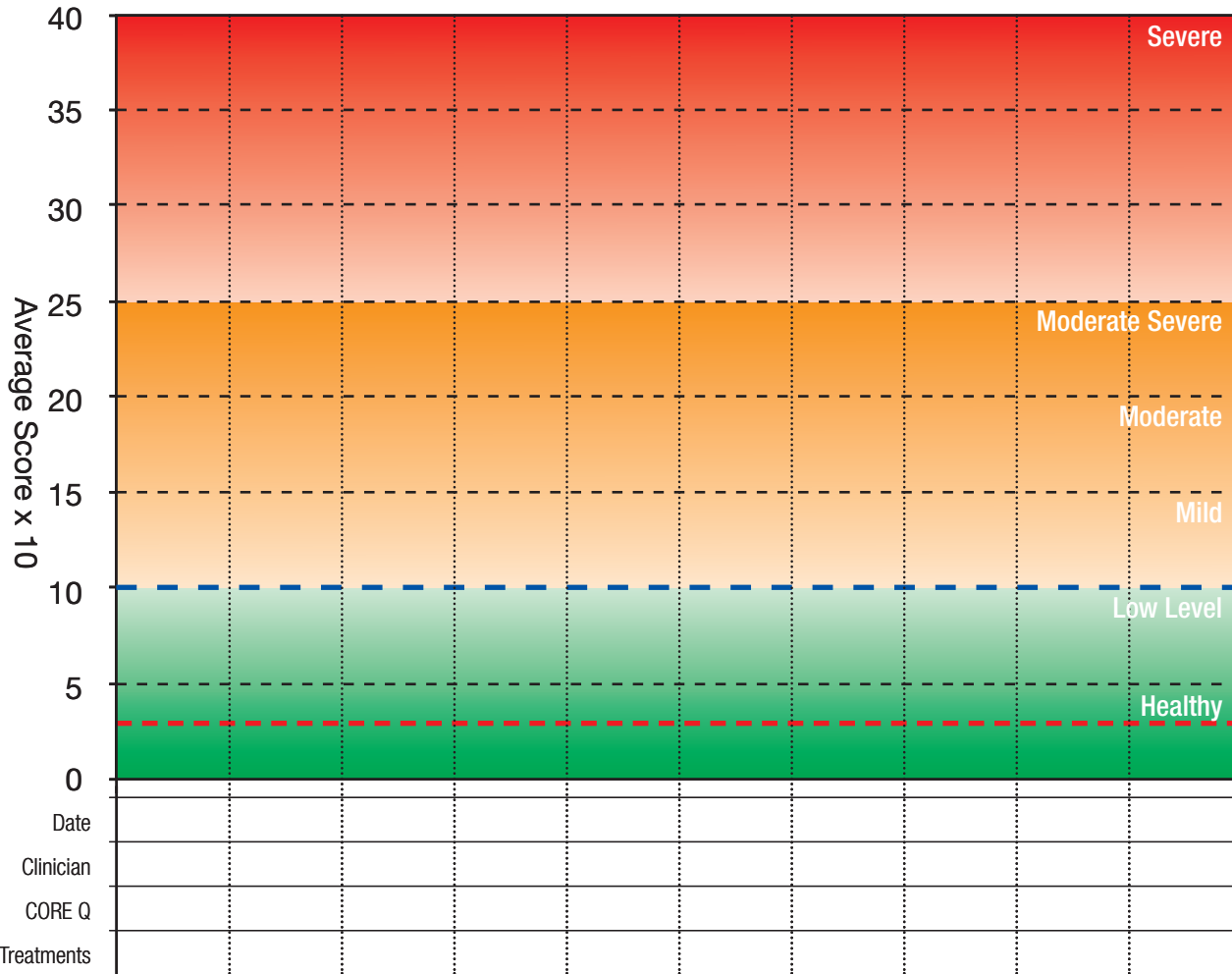


Patient

Managing Clinician



- WW** - Watchful Waiting
- SP** - Supportive Sessions (eg as given by a GP)
- EX** - Exercise
- BB** - Bibliotherapy
- GSH** - Guided Self Help
- CCBT** - Computerised Cognitive Behavioural Therapy
- CBT** - Cognitive Behavioural Therapy
- CL** - Counselling
- MED** - Medication
- REF** - Referral
- OTH** - Other

