



STUDY SUPPORT FOR COUNSELLING STUDENTS

YOUR STUDENT LIBRARY HANDBOOK

*Assignment guidance and study support, every step of
the way through your counselling training.*

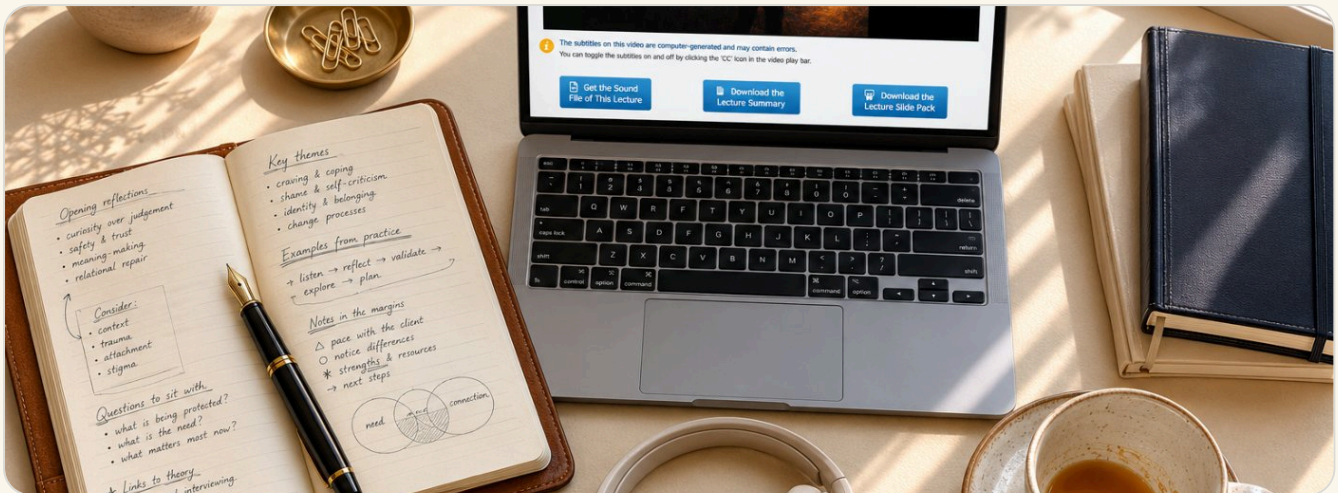
EDITION SUMMER 2026



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Have a look around.

This is the Counselling Study Resource, from the inside.

Ken Kelly

CO-DIRECTOR & FOUNDER

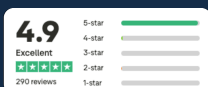
Rory Lees-Oakes

CO-DIRECTOR & FOUNDER

NOT A MEMBER?

Join thousands of student counsellors and get everything you need to study, all in one place.

- ✓ **Hundreds of hours of lectures and tutorials**, on-demand, on any device
- ✓ **Content mapped to your course** from Level 2 to degree
- ✓ **Every lecture in every format** — video, audio download, slides, summary and references
- ✓ **Assignment exemplars and placement guidance** — essay writing, referencing and personal development



START HERE

EXPLORE THE STUDENT LIBRARY →

- 1 Tap the button above
- 2 Explore the Study Resource
- 3 Join instantly online



Tap the button **to get started**, or [click here to find out more](#)

FINDING YOUR WAY AROUND

When you log in, your menu sits on the left of the screen. Everything in Counselling Study Resource is one or two clicks from here — whether you have ten minutes between college sessions or a whole evening to study.

START HERE FIRST

Before anything else, open **Start Here** near the top of your menu. It walks you through everything on offer — the quickest way to get your bearings.

GETTING STARTED

[Dashboard](#)
[Start Here](#)
[Search](#)

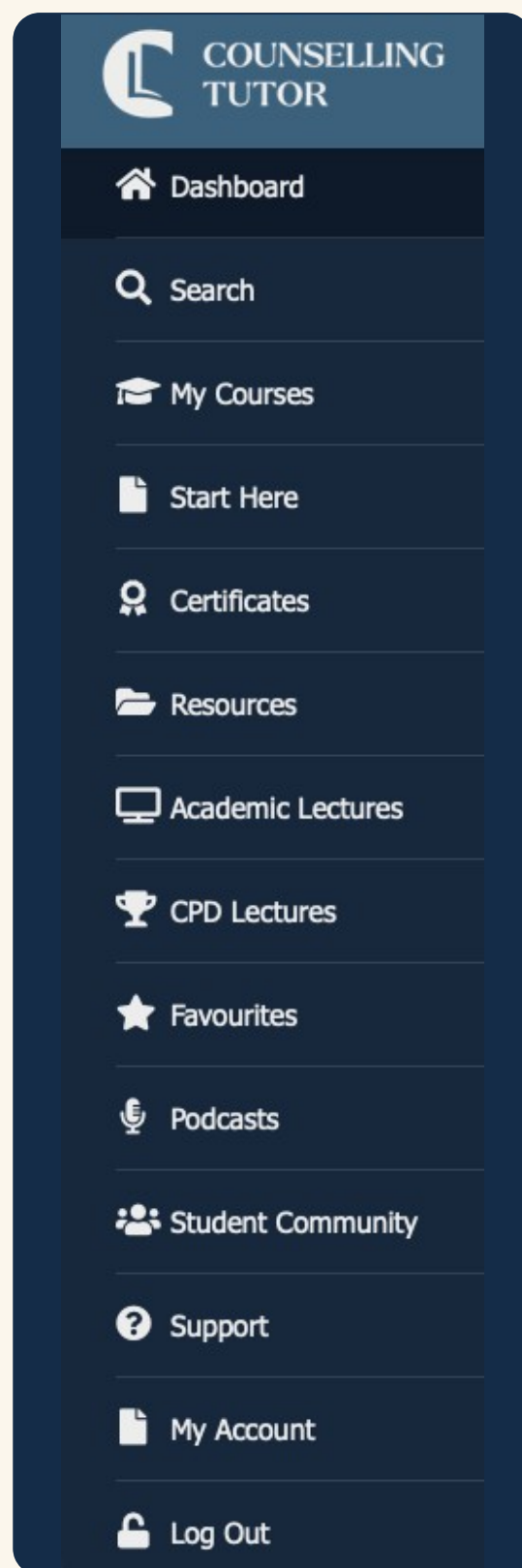
YOUR LEARNING

[Resources](#)
[Academic Lectures](#)
[CPD Lectures](#)
[Favourites](#)
[Podcasts](#)
[Certificates](#)

YOUR COMMUNITY

[Student Community](#)

YOUR ACCOUNT

[My Courses](#)
[My Account](#)
[Support](#)
[Log Out](#)


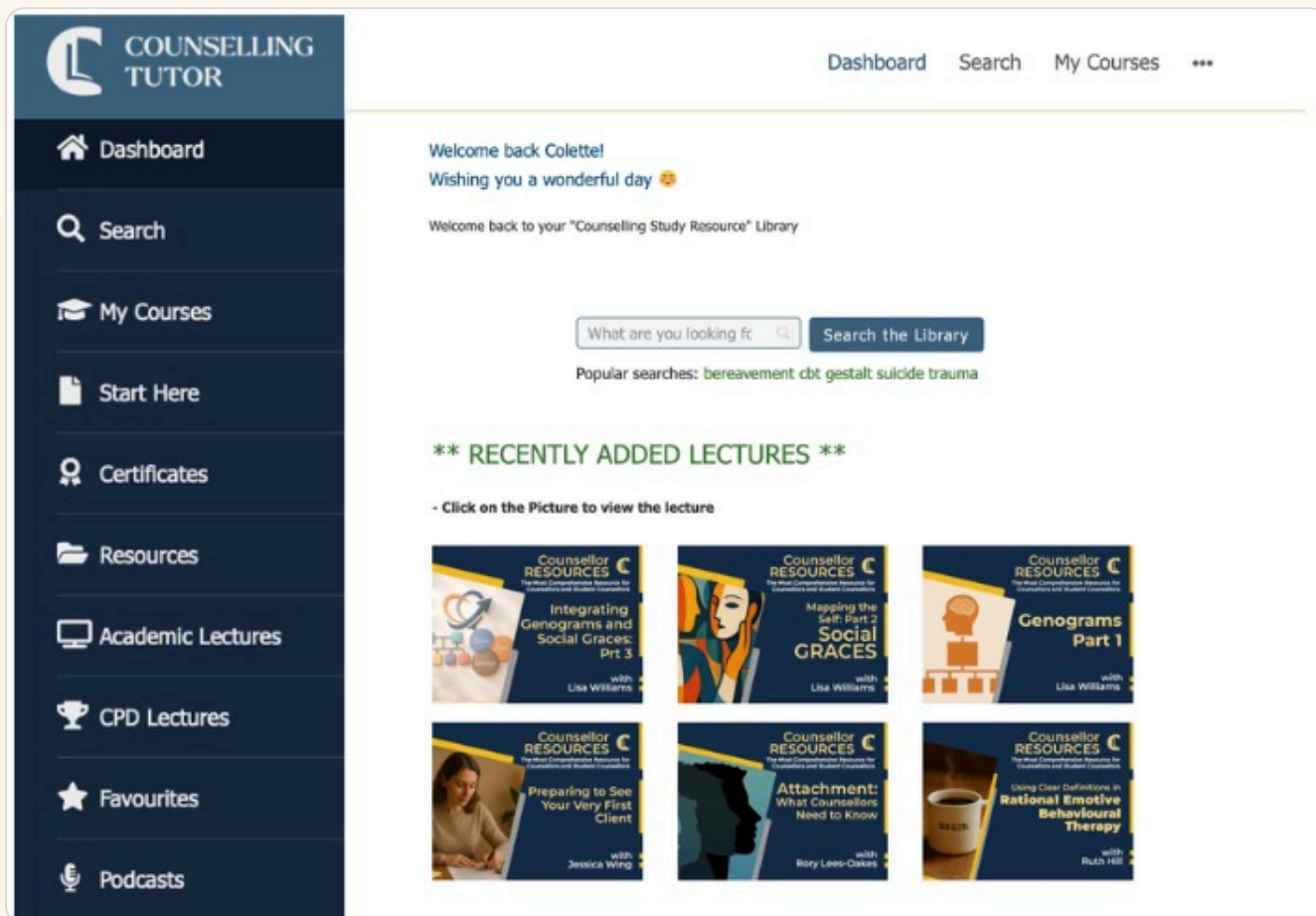
FROM OUR MEMBERS

"Counselling Study Resource has been a godsend through my Level 4 — everything I need for assignments is at my fingertips, and the community feels like family."

COUNSELLING STUDY RESOURCE MEMBER

Your way safely back home

If you ever find yourself lost in the depths of all the content, clicking Dashboard brings you safely back. It's also where everything new lands first.



01 UPCOMING LECTURES

Live lecture dates, with the next webinar link.

02 RECENTLY ADDED LECTURES

Click any image to watch the newest lectures.

03 NEW PODCAST

A new episode lands here every week.

04 QUICK LINKS

One-click access to key resources.

05 RECENTLY ADDED RESOURCES

The newest articles and announcements.

06 GETTING STARTED

Flagged here until the course is complete.

FROM OUR MEMBERS

"I am very happy with the content but also very impressed with the wonderful IT — it all works so smoothly and brilliantly."

WENDELA · COUNSELLING STUDY RESOURCE MEMBER

COUNSELLING STUDY ROADMAP

Resources mapped to the specific criteria of counselling qualifications — by awarding body and level.

CHOOSE YOUR AWARDING BODY



01 OPEN THE ROADMAP
You'll find the Counselling Student Roadmap right at the top of your dashboard. Listen to Rory's introduction first.

02 SELECT YOUR LEVEL OF STUDY
On the Roadmap page, choose your awarding body and level — from Level 2 right through to degree and Masters.

03 FOLLOW YOUR MAP
See lectures and resources mapped directly to your awarding body's scheme of work — so what you study in Counselling Study Resource lines up with what your course requires.

ABC Level 2	+
ABC Level 3	+
NCFE Level 3	+
ABC Level 4	+
AIM Level 4	+
BTEC Level 5	+
COSCA Certificate	+
COSCA Diploma	+
CPCAB Level 2	+
CPCAB Level 3	+
CPCAB Level 4	+
CPCAB Level 5	+
Degree	+
Masters Degree	+

Because Counselling Study Resource lectures carry learning outcomes mapped to UK awarding body criteria, you can cite them directly in your assignments.

FROM OUR MEMBERS

"I found your way of describing subjects very easy to understand — your talks added the concrete to the foundations I'd laid on my course."

JACKIE · COUNSELLING STUDY RESOURCE MEMBER

LECTURES

Every lecture is a formal video presentation by an expert speaker — our in-house lecturers, or external specialists such as Mick Cooper and Windy Dryden. Each is academically rigorous, with learning outcomes mapped to UK awarding body criteria — so you can cite them in your assignments.

 SLIDE PACK Follow along with clear, structured presentations.	 LECTURE SUMMARY A written summary to read, highlight, and quote.	 AUDIO DOWNLOAD Listen while you drive, run, or walk.	 MAPPED OUTCOMES Learning outcomes mapped to UK awarding bodies.	 CITABLE Reference lectures directly in your assignments.
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STUDY LECTURES

The same ground as your formal course

Robust yet pragmatic lectures across study help, theory, skills, and practice — to reinforce your college learning, prepare for assignments and exams, and build your confidence with peers and clients.

STUDY HELP LECTURES

THEORY LECTURES

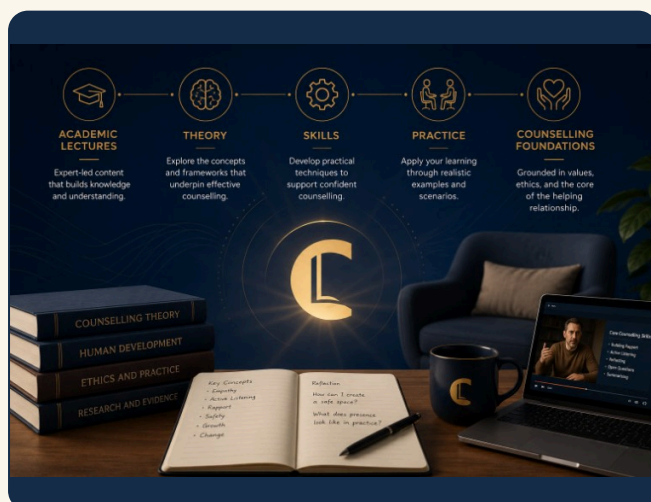
SKILLS LECTURES

PRACTICE LECTURES

CPD LECTURES

A flavour of what's ahead in practice

Topics your core training won't reach — how to prepare for the client sitting in front of you for the first time, how to look after yourself in the work, how to meet difference with genuine openness, and a good deal more besides. They give you a feel for what's ahead in practice, and completing them earns CPD certificates, too.



RESOURCES

Alongside the lectures you can access eleven kinds of resource — including assignment exemplars and case studies that show what good work actually looks like.

e-Books
Counselling Skills
Counselling Theory
e-Counselling
Equality and Diversity
Personal Development
Practice, Ethics and Supervision
Assignment Exemplars
Case Studies
Research
CPD



PODCASTS



Every week, Rory and Ken sit down to talk about what actually comes up in counselling training: the questions students bring, assignments and placement nerves, skills under the microscope, and theory made practical.

The podcast is free for everyone, members and non-members alike, and lives on our website rather than inside your membership. Your dashboard menu includes a quick link that takes you straight there. Many students listen on the way to college, placement, or work.

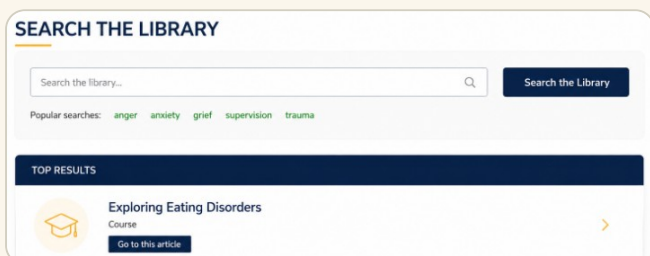
FROM OUR MEMBERS

"I've just listened to a lecture and read an exemplar — this is exactly what I needed to put me on the right path with my essay."

MARLENE · COUNSELLING STUDY RESOURCE MEMBER

FOUR FEATURES WORTH KNOWING

Working on a very specific issue — or trying to re-find that article you read last month? These four tools do most of the day-to-day work.



SEARCH

Everything on a topic, in one list

The search tool sits at the very top of every page. Type in what you're interested in, and up pops everything Counselling Study Resource holds on your topic of choice.



CERTIFICATES

Everything you've earned, in one place

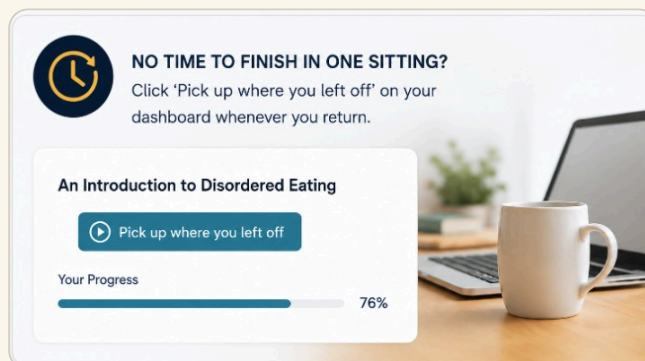
Your Certificates section lists every certificate you've claimed, ready to download or print for a placement interview.



FAVOURITES

Bookmark what matters to you

An article catches your eye? Click the Favourite box at the top of the piece. Everything you've marked collects under Favourites in your menu — and one more click removes it again.



PICK UP WHERE YOU LEFT OFF

Straight back to where you stopped

No time for a full lecture? Make a start anyway — click 'Pick up where you left off' on your dashboard and you'll land exactly where you stopped.

FROM OUR MEMBERS

"I use this resource constantly — the information is delivered in a way that's easy to understand. Really helpful."

AVRIL · COUNSELLING STUDY RESOURCE MEMBER

EVIDENCING YOUR LEARNING

Logging your learning isn't vital as a student — but it's a habit worth starting now.

Once you qualify and register with a professional body, you'll typically need to evidence around 30 hours of CPD a year. And having CPD under your belt before you qualify can help you secure the right placement — or even a paid role later.

TO CLAIM YOUR CERTIFICATE

Scroll to the bottom of any CPD lecture page and click the certification link. All your evidence collects in your Certificates section — ready to print or download for that important interview.



REFERENCING

Reference every resource you use in an assignment. Counselling Study Resource uses Harvard, and our online guide shows you how — via the blue button under the Roadmap, or from the Support page.

Reference with confidence.

All of our resources include full Harvard reference details to help you reference accurately.

- Watch or read**
Choose a lecture or resource from our library.
- Find the reference**
Look at the bottom of the page for the full Harvard reference details.
- Cite in your work**
Add the in-text citation and include the full reference in your reference list.
- Reference with confidence**
You're acknowledging quality, relevant and trusted knowledge.

Good academic practice
Referencing shows respect for original ideas and supports the integrity of your academic writing.

NEED A DIFFERENT STYLE?

Check your course handbook — Cite This for Me (citethisforme.com) formats Harvard or whichever style it asks for.

FROM OUR MEMBERS

"I don't think I would have passed my assignments in my level 5 course without my Counselling Study Resource membership. Well worth it — I'd recommend it to all."

MICHELLE · COUNSELLING STUDY RESOURCE MEMBER

HELP & SUPPORT

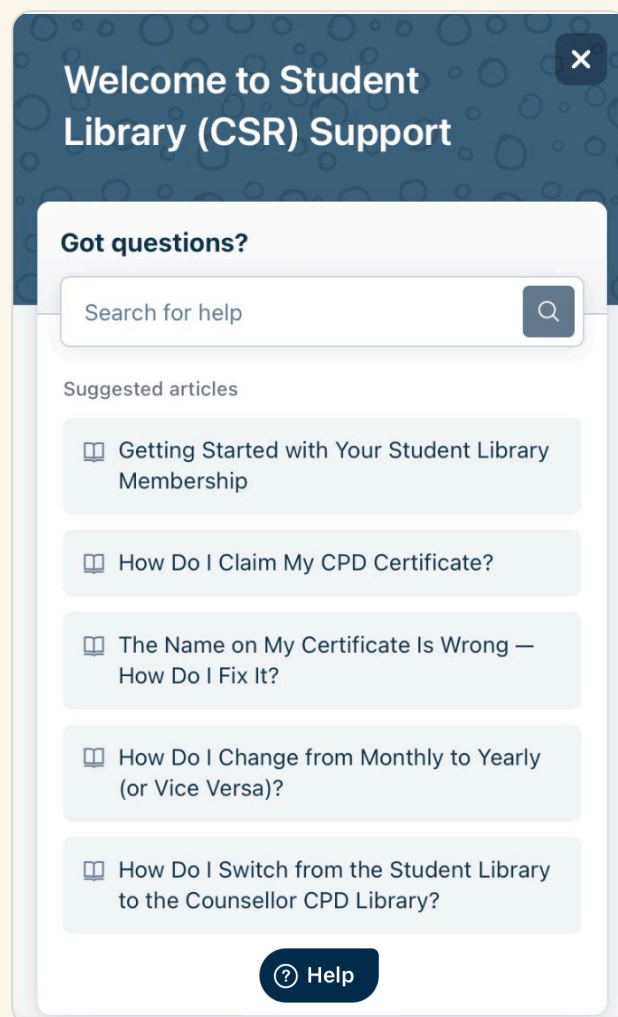
Got stuck? Reach out and we'll reply to you within 24 hours.

01 HELP, FAST

The knowledge base is our shorthand for "answers, instantly". Click the support widget at the bottom-right of any library page and a sidebar slides open with searchable, step-by-step help articles covering the questions members ask most.

02 EMAIL

Email us at support@counsellingtutor.com and you'll receive a response within 24 hours.



TOPICS COVERED IN THE KNOWLEDGE BASE

- Logging in and password resets
- Downloading and printing your certificates
- Cancelling from within your dashboard
- Accessing live lectures and replays
- Updating your account details
- Managing your subscription

FROM OUR MEMBERS

"I have just qualified at level 5, and have been singing Counselling Tutor's praises to all my classmates — your exceptional customer service highlights the quality of the care offered."

CLARE · COUNSELLING STUDY RESOURCE MEMBER

THE COUNSELLING STUDY RESOURCE FACEBOOK GROUP

YOU'RE NOT STUDYING ALONE

An exclusive Facebook group, open only to Counselling Study Resource members — fellow students of counselling and psychotherapy, all determined to get the most out of their training.



Counselling Student Community.

One thing students tell us they don't expect — but end up valuing enormously — is the community.



"The Counselling Study Resource community is all about building relationships with each other and connecting on a personal level."

Ken & Rory



MEET THE TEAM

A dedicated team working behind the scenes to support counsellors and their clients.

KEN KELLY

CO-DIRECTOR, FOUNDER & ETHICAL AI LEAD



Qualified counsellor, clinical supervisor, and author of Basic Counselling Skills: A Student Guide. Ken leads on training provision and specialises in outcome-based online learning.

RORY LEES-OAKES

CO-DIRECTOR & FOUNDER



Qualified counsellor, supervisor, and lecturer. Author of Counselling Theory in Practice. Silver Plato award winner and Fellow of the Pearson Teaching Awards.

LUCY MOSHA

CEO



Lucy leads the organisation, bringing 17 years of director-level experience to keep the platform growing and always improving for you.

COLETTE KELLY

TECH & SUPPORT



Colette is your first point of contact for anything technical. She keeps the platform running smoothly and is the warm voice you'll hear on the Counselling Tutor Podcast.

LAURICE CHAVEZ

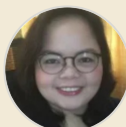
MARKETING & SALES



Laurice manages our marketing and sales, and plays a key role in making sure new members find us and feel welcome from day one.

MARIA SORIANO

SUPPORT & FULFILMENT



Maria handles day-to-day customer support and course fulfilment, making sure your membership experience runs without a hitch.

PAUL CULLEN

ACADEMIC & COMMUNITY COORDINATOR



A qualified counsellor and clinical supervisor, Paul brings real-world experience in mental health, substance misuse, and neurodiversity to support both our content and our community.

PIPER WATMOUGH

CONTENT MANAGER



Piper creates and manages content across our website, YouTube channel, and social media, making counselling theory accessible to practitioners at every stage.

ED ESCOLANO

PRODUCER & CONTENT DESIGNER



Ed produces and edits our lectures, and is the creative eye behind the graphics, slides, and visual branding that make every piece of content feel polished and professional.

Thank you to all the team for the superb job you are doing in providing counsellors with interesting, relevant and up-to-date information. I've been a fan since my level 2.

JO · COUNSELLING STUDY RESOURCE MEMBER

We're here to help you learn, grow and thrive.

Thank you for being part of the Counselling Study Resource community.