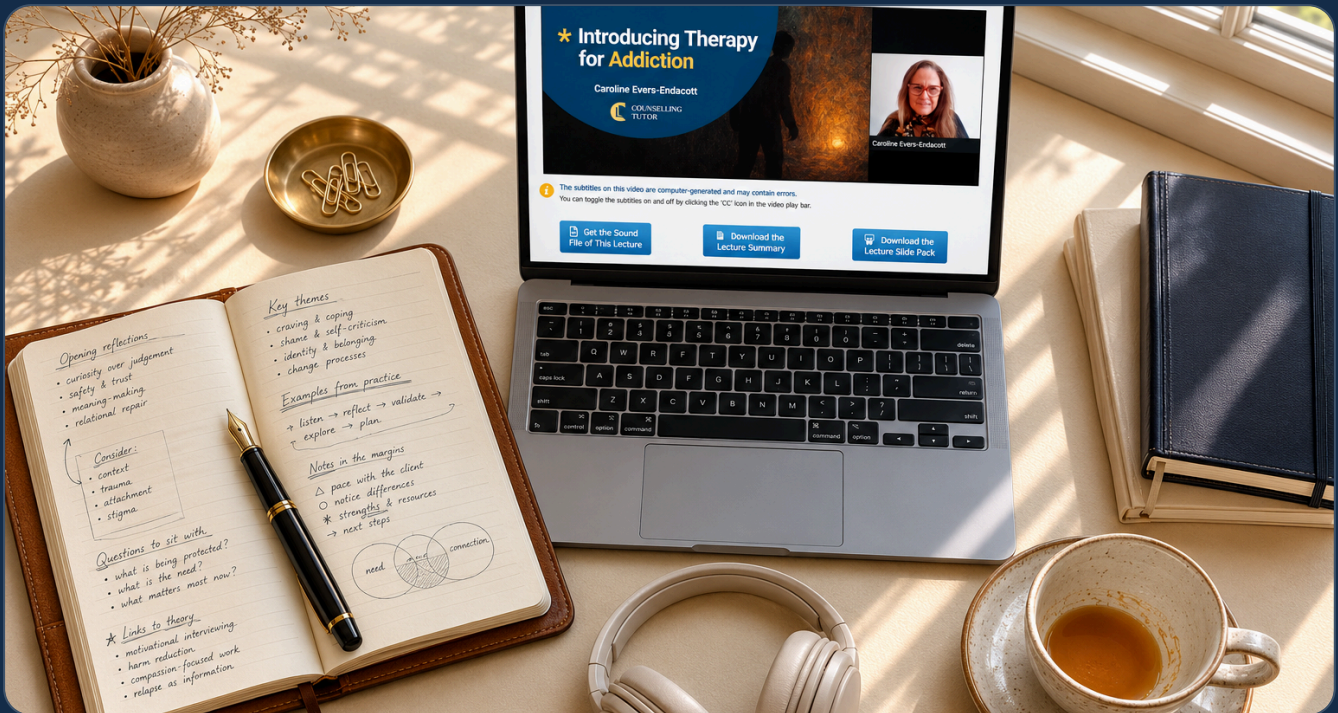




CONTINUING PROFESSIONAL DEVELOPMENT

YOUR CPD HANDBOOK

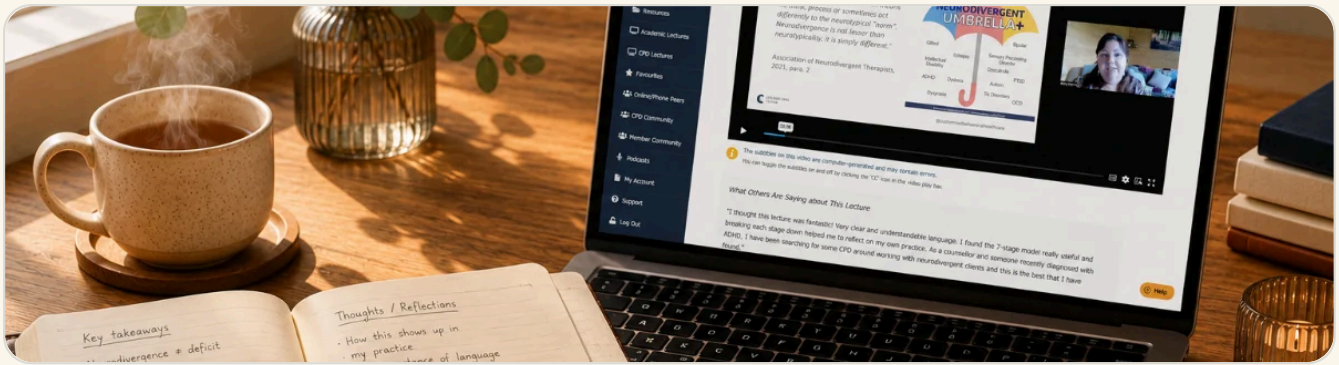
*One trusted place to turn; learning that actually
changes what happens in the room.*



TABLE OF CONTENTS

01	Welcome	03
02	Finding your way around	04
03	Your dashboard	05
04	Lectures	06
05	Resources	07
06	Podcasts	07
07	Search and favourites	08
08	Pacing your CPD	09
09	Certificates	09
10	Referencing	09
11	Help and support	10
12	The community	11
13	Meet the team	12





Have a look around.

This is the CPD Library, from the inside.

Ken Kelly

CO-DIRECTOR & FOUNDER

Rory Lees-Oakes

CO-DIRECTOR & FOUNDER

NOT A MEMBER?

Join over 5,000 practitioners and access hundreds of hours of on-demand CPD.

- ✓ **Hundreds of hours of CPD lectures**, on-demand, on any device
- ✓ **CPD certificates with every lecture**, recognised by all UK ethical bodies
- ✓ **Every lecture in every format** — video, audio, slides, summary, references
- ✓ **Mapped to clear learning outcomes**, with practical steps for your practice

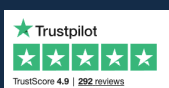
“Even after years of counselling, I continue to gain valuable insights and professional development.”

— JACQUI, DORSET

START YOUR CPD JOURNEY

JOIN THE CPD LIBRARY →

- 1 Tap the button
- 2 Explore the CPD Library
- 3 Join instantly online



Tap the button to get started, or [find out more](#)

FINDING YOUR WAY AROUND

Everything is organised so you can find what you need quickly, whether you have five minutes between clients or a full afternoon to go deep.

YOUR PROGRESS

[Dashboard](#)[Search](#)[Certificates](#)

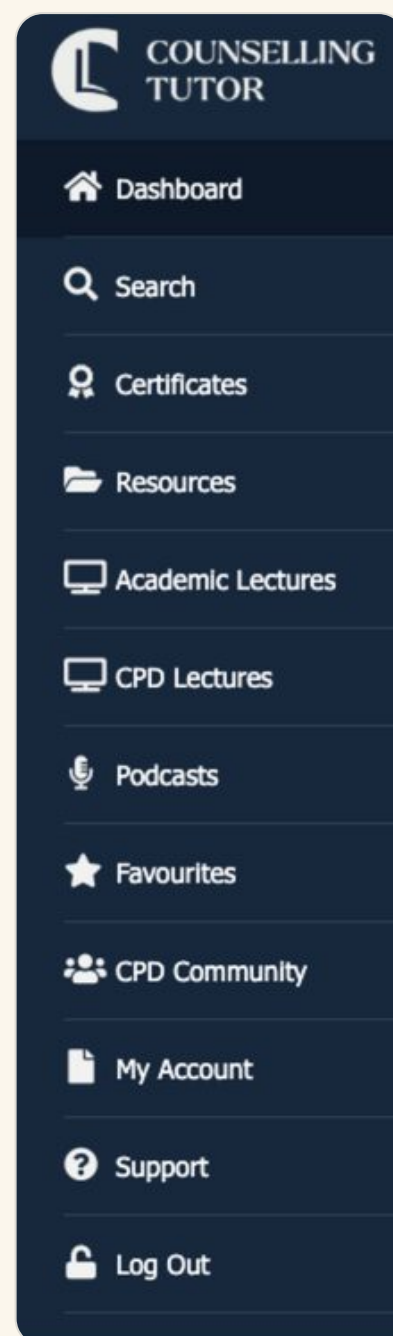
YOUR LEARNING

[Resources](#)[Lectures](#)[Podcasts](#)[Favourites](#)

YOUR COMMUNITY

[CPD Community](#)

YOUR ACCOUNT

[My Account](#)[Support](#)

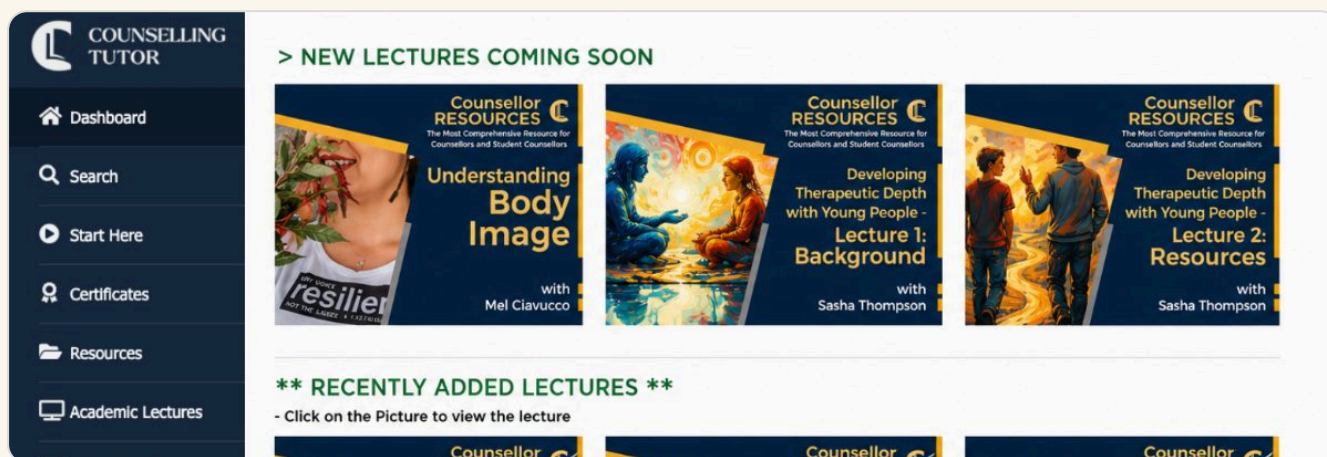
FROM OUR MEMBERS

"Extremely easy to follow whether on a phone, tablet or computer, and there's always one of the team on hand to support our learning."

EMMA · LANCASHIRE

Start here every time you log in

Your dashboard pulls together everything that's new and everything you need to navigate the library quickly.



01 RECENTLY ADDED LECTURES

Click any image on your dashboard to watch the latest lectures added to the library.

02 NEW PODCAST

The Counselling Tutor Podcast is free and open to everyone — we've simply added a one-click link from your dashboard so the latest episode is always at your fingertips.

03 QUICK LINKS

Four quick links to CPD Lectures, Resources, Certificates and Academic Lecture Library, always one click away.

04 RECENTLY ADDED RESOURCES

All the latest articles and e-books added to the library, one click away.

05 SEARCH

Click the search icon in the side menu to open a custom search engine that searches every relevant lecture and resource.

06 UPCOMING LECTURES

Dates, topics, and the webinar link for the quarterly live sessions, so you never miss what's coming.

FROM OUR MEMBERS

"Every aspect of the platform — the dashboard, CPD library, emails — has been so incredibly welcoming, supportive and user-friendly. It makes me want to get stuck in."

SHALOM LAMBERT

LECTURES

Every lecture is a formal presentation, not just a conversation. Each comes with a downloadable slide pack, lecture summary, and audio file so you can engage however works best for you.

 SLIDES Follow along with clear, structured presentations.	 SUMMARY Key learning points and takeaways in one place.	 AUDIO DOWNLOAD Listen anytime, anywhere.	 RESOURCE NOTES Download helpful notes and supporting materials.	 CPD CERTIFICATE Earn your verified certificate on completion.
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ACADEMIC LECTURES

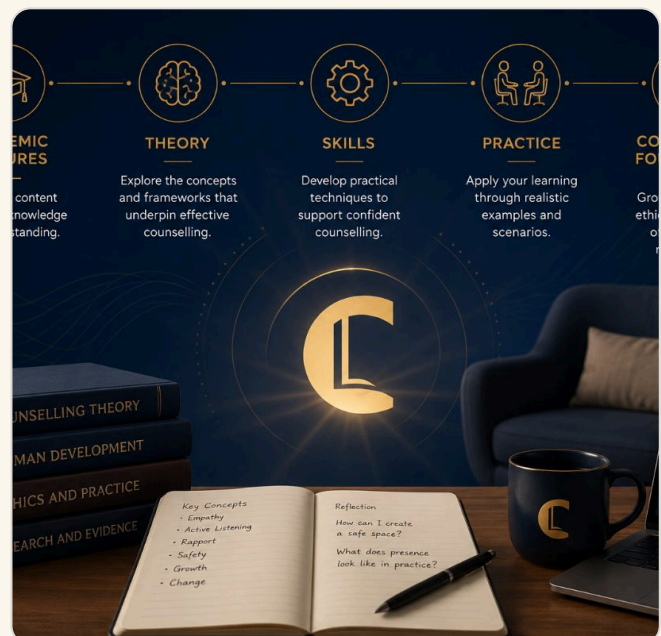
Refresh and deepen your core training

Theory, skills, and practice: the foundations, taught by experienced practitioners. Curated lectures from our Student Library keep you current. Revisit, recap, or delve into other modalities.

THEORY LECTURES

SKILLS LECTURES

PRACTICE LECTURES



CPD LECTURES

Topics your training didn't quite cover

From Adverse Childhood Events to Working with Young People: the specialist knowledge that changes how you show up for clients.

This is a growing library. New lectures are added every month, so there is always something fresh to return to, whatever stage you are at in your practice.



RESOURCES

The library extends well beyond lectures. Articles, e-books, and practical guides, organised across eight categories so you can find what you need at the moment you need it.

Counselling Skills

Counselling Theory

E-Counselling

Equality and Diversity

Personal Development

Practice, Ethics and Supervision

CPD Interviews

Resources and e-Books



PODCASTS



Every week, Rory and Ken sit down to talk about what actually comes up in practice: the questions clients bring, the challenges in supervision, new research worth knowing.

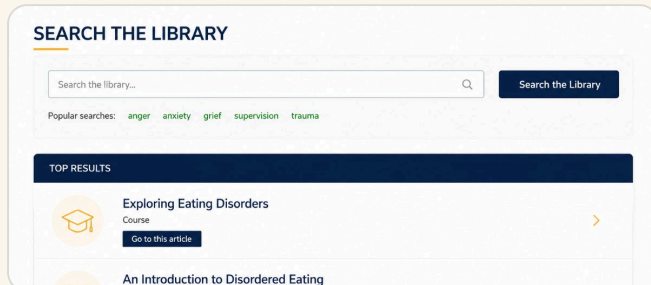
The podcast is free for everyone, members and non-members alike, and lives on our website rather than inside the library. Your dashboard menu includes a quick link that takes you straight there. Many listeners tune in while commuting, exercising, or between sessions.

FROM OUR MEMBERS

"The training with access to other supportive materials, printouts, podcasts and lectures provides excellent value for money."

MARY · DONCASTER

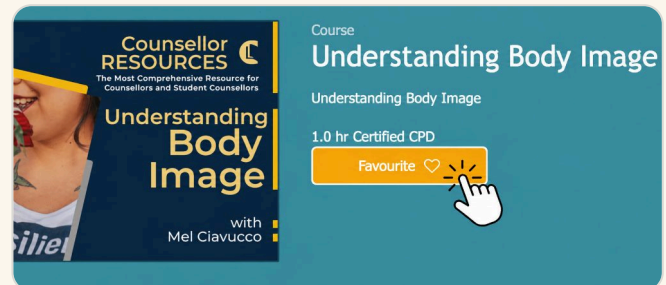
FOUR FEATURES WORTH KNOWING



SEARCH

Find anything, instantly

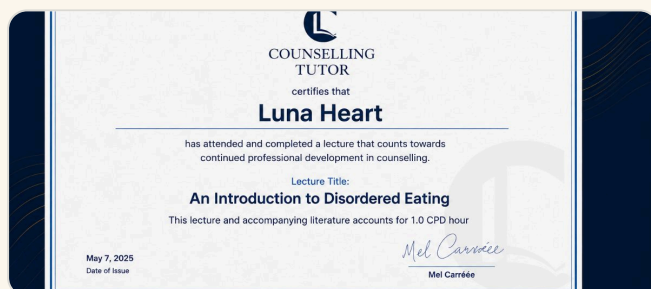
Click the search bar in the side menu and you're taken to a dedicated search engine that searches every lecture, resource, course, and interview in the library.



FAVOURITES

Save what matters to you

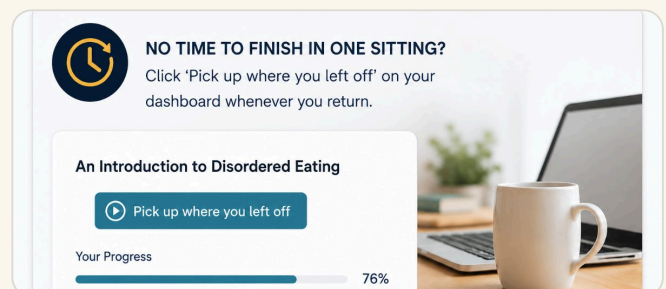
Click the Favourite box on any piece of content to bookmark it. Find everything you've saved under Favourites in your dashboard menu.



CERTIFICATES

Evidence your commitment

You never know when you'll need to prove your CPD: an audit from your professional body, a supervision review, or a new employer asking for evidence of your ongoing development. Every certificate you've claimed is stored in one place, ready to download or print whenever you need it.



PROGRESS

Pick up where you left off

Every lecture tracks your progress automatically. When you return, you land right back where you stopped, so nothing is lost, even when life gets in the way.

FROM OUR MEMBERS

"The CPD Library is packed with valuable resources. It's wonderful to have easy access to such a wealth of knowledge and skills. Thank you for making ongoing learning so engaging and accessible."

MELANIE · DEVON

PACING YOUR CPD

Steady learning serves your clients better than a last-minute sprint.

Most professional bodies require around 30 hours of CPD annually. We recommend spreading this through the year; not because your professional body requires it, but because that's how real practice change happens. A few hours a month keeps you well ahead, and keeps your learning fresh.

TO CLAIM YOUR CERTIFICATE

Scroll to the bottom of any CPD lecture page and click the certification link. Your certificate is added to your Certificates section instantly.



PACE YOUR CPD

Spread your CPD learning across the month to build knowledge, confidence and impact.

< MAY 2025 >						
MON	TUE	WED	THU	FRI	SAT	SUN
28	29	30	1	2	3	4
5	6	7 CPD SESSION 1.0 hour	8	9	10	11
12	13	14	15 CPD SESSION 1.5 hours	16	17	18
19	20	21	22 CPD SESSION 1.0 hour	23	24	25
26	27	28	29	30	31	1

REFERENCING

If you use CPD Library resources when preparing an assignment or writing for publication, please reference them. We use Harvard referencing and include the full reference details on every lecture and resource page.



Reference with confidence.

All of our resources include full Harvard reference details to help you reference accurately.

- 
Watch or read
Choose a lecture or resource from our library.
- 
Find the reference
Look at the bottom of the page for the full Harvard reference details.
- 
Cite in your work
Add the in-text citation and include the full reference in your reference list.
- 
Reference with confidence
You're acknowledging quality, relevant and trusted knowledge.


Good academic practice
Referencing shows respect for original ideas and supports the integrity of your academic writing.

NEED A DIFFERENT STYLE?

[Cite This for Me](https://citethisforme.com) (citethisforme.com)

formats references in Harvard or whichever style your institution requires.

FROM OUR MEMBERS

"It feels good, empowering even — taking action and increasing my CPD breadth in a way that's accessible, enjoyable, and feels good value for money."

LEE · COUNSELLOR, GLOUCESTERSHIRE

HELP & SUPPORT

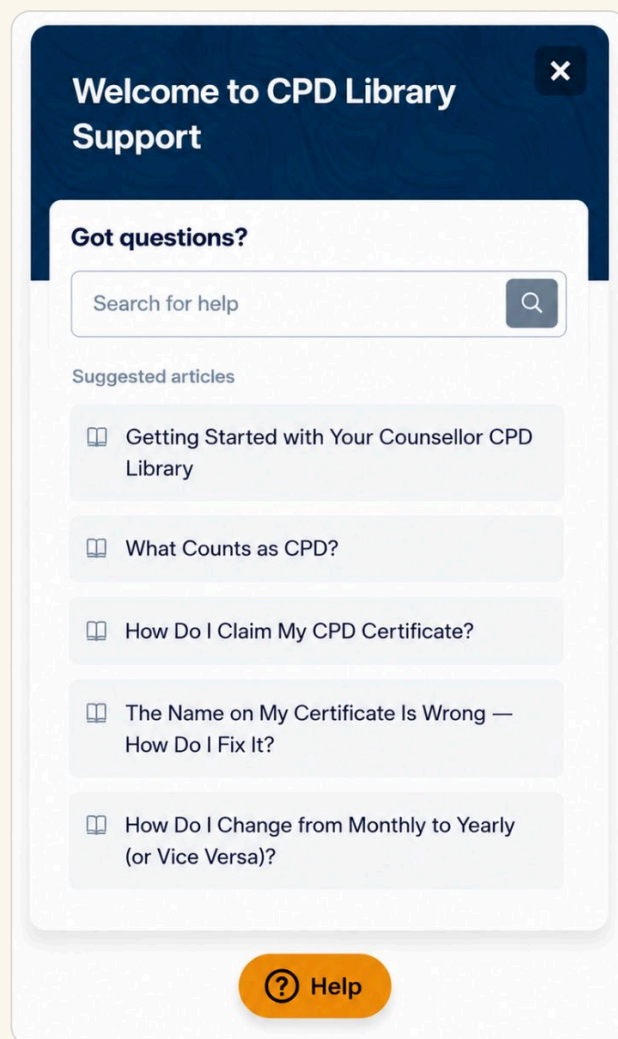
Got stuck? Reach out and we'll reply to you within 24 hours.

01 HELP, FAST

The knowledge base is our shorthand for "answers, instantly". Click the support widget at the bottom-right of any library page and a sidebar slides open with searchable, step-by-step help articles covering the questions members ask most.

02 EMAIL

Email us at support@counsellingtutor.com and you'll receive a response within 24 hours.



TOPICS COVERED IN THE KNOWLEDGE BASE

- Logging in and password resets
- Downloading and printing your certificates
- Cancelling from within your dashboard
- Accessing live lectures and replays
- Updating your account details
- Managing your subscription

FROM OUR MEMBERS

"Personal communications and understanding — so rare these days. Thank you very much."

WENDY J.

THE CPD COMMUNITY

JOIN THE CONVERSATION

"The material is easy to access, comprehensive and clear. It's a really helpful way of connecting with others and sharing thoughts."

MORAG, LONDON

A professional community, at your fingertips.

One thing our members tell us they didn't expect to value most, but return to week after week, is **the community around the library**. It's the space practitioners **share reflections**, **swap referrals** when their waiting list is full, carry on **conversations sparked by recent lectures**, and **connect with people who understand the work** from the inside.

INSIDE, YOU'LL FIND

- Ideas, reflections and recommendations from other counsellors
- Referrals: when your wait list is full, another practitioner's might be quiet, and vice versa
- Conversations sparked by recent lectures and live sessions
- Connection with people who understand the work

The community is included in every CPD Library membership. You'll find your way in from your members' dashboard on day one.



CPD Community.

One thing practitioners tell us they don't expect — but end up valuing enormously — is the community.



MEET THE TEAM

A dedicated team working behind the scenes to support counsellors and their clients.

KEN KELLY

CO-DIRECTOR, FOUNDER & ETHICAL AI LEAD



Qualified counsellor, clinical supervisor, and author of Basic Counselling Skills: A Student Guide. Ken leads on training provision and specialises in outcome-based online learning.

RORY LEES-OAKES

CO-DIRECTOR & FOUNDER



Qualified counsellor, supervisor, and lecturer. Author of Counselling Theory in Practice. Silver Plato award winner and Fellow of the Pearson Teaching Awards.

LUCY MOSHA

CEO



Lucy leads the organisation, bringing 17 years of director-level experience to keep the platform growing and always improving for you.

COLETTE KELLY

TECH & SUPPORT



Colette is your first point of contact for anything technical. She keeps the platform running smoothly and is the warm voice you'll hear on the Counselling Tutor Podcast.

LAURICE CHAVEZ

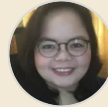
MARKETING & SALES



Laurice manages our marketing and sales, and plays a key role in making sure new members find us and feel welcome from day one.

MARIA SORIANO

SUPPORT & FULFILMENT



Maria handles day-to-day customer support and course fulfilment, making sure your membership experience runs without a hitch.

PAUL CULLEN

ACADEMIC & COMMUNITY COORDINATOR



A qualified counsellor and clinical supervisor, Paul brings real-world experience in mental health, substance misuse, and neurodiversity to support both our content and our community.

PIPER WATMOUGH

CONTENT MANAGER



Piper creates and manages content across our website, YouTube channel, and social media, making counselling theory accessible to practitioners at every stage.

ED ESCOLANO

PRODUCER & CONTENT DESIGNER



Ed produces and edits our lectures, and is the creative eye behind the graphics, slides, and visual branding that make every piece of content feel polished and professional.

Feel safe in the knowledge that this team will guide you every step of the way. They leave no stone unturned as far as giving you the right information to help you become an informed counsellor.

PENNY · DEVON

Thank you for being part of the Counsellor CPD community.

THE CPD LIBRARY · SUMMER 26